Cultivating 'Cool'inary Curiosity in Kids™

THYME to TURNIP the BEET on WHAT KIPS EAT

Truly Tasty + Fabulously Fun + Highly Acclaimed New Cooking (And Always Awesome Eating!) Classes Starting at All Saints! Tuesdays for Preschoolers: 3:00-4:00pm

10 Classes: December 10th-February 25th

To Enroll Your Student TUESDAY: Online-Enrollment-Preschool-

> Session-at-All-Saints-Winter-Session **WEDNESDAY: Online-Enrollment-K-5th-**Session-at-All-Saints-Winter-Session



"I gīve "wow this is this

really crazy good stuff I just made..!" - Jason (age 7)



hundred thumbs up!" - Phoebe (age 8)

Check Out What The Amazing Young Chefs Are Saying:

"I love it SO MUCH it's freaking me out!" -Lexi, age 8 (after tasting the very delicious Korean Bibimbap she just made)

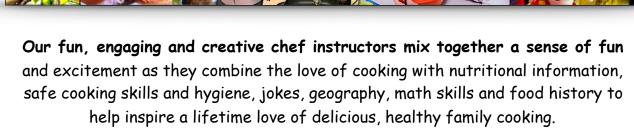
"This is so great! BETTER than Pizza!" -Monica, age 7 (after tasting her Chinese New Year Bok Choy Pancakes + Mandarin Soy Dipping Sauce)

"These doughnuts are infinity percent vitamin C delicious!"

-Tae- ji, age 8 (loving the Lemon Zucchini Doughnuts he just had a blast making) "I can't believe there is zucchini in our Mac N' Cheese! Yum!"

Green Goddess Salad + Zucchini Lime Muddler)

Enthusiastic Young Chef (savoring her One-Handed Zucchini Mac 'N Cheese + Zesty Zucchini





Host Corey McPherrin how to cook-up some Arepas with Avocado Salsa and Watermelon delicious Quinoa Pizza Bites! Agua Fresca on WGN News https://stickyfingerscooking.com/about/news-events/

What Parents And Schools Are Saying!

"My boys absolutely love this class and adore their Chef. Our Tuesday dinner conversation surrounds their morning cooking and nutrition experience. Thanks for brightening our household!" -Roxanne, mom

"My daughter loved the first class! As a picky eater I assumed she'd create but not eat, boy was I wrong. Thanks again for this opportunity for my kiddo." -Happy Mom

"Kudos Sticky Fingers Cooking! You and your staff are doing GREAT things! Look at the

in-Chief Erin showing FOX32 Good Day Chicago

Sticky Fingers's ChicagoLand Lead Chef Lucy

Warenski cooking-up super-tasty Cool Corn

"Never are my boys so happy as when I pick them up from Sticky Fingers Cooking!" -Mom of enthusiastic, non-picky-eater young chefs "Sticky Fingers was a life changing experience for me and my sons. In just one Sticky

Fingers lesson,my twins made and gobbled up blueberry ricotta pancakes and corn arepas with avocado salsa, and went from very picky eaters to young chefs who were interacting and enjoying food. The impact from this experience was amazing." -Kay, mom

Festive Chocolate Orange Pancakes + Salted Orange Rosemary Compote + Chocolate Whipped Cream + Rosemary Orange Seltzer "Make-n-Take" Healthy Holiday Family Granola + Yummy Yogurt
Whip + Kid-Designed Un-smoothies

All of our Sticky Fingers trained cooking instructors share lifetime love of cooking

be accommodated.

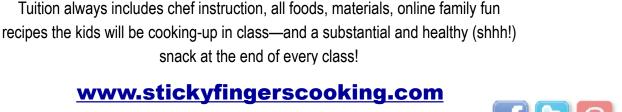
teachers, summer camp directors, catering chefs, and graduates from Le Cordon Bleu in Paris on our talented team of kids cooking instructors. **To Enroll Your Student**

Please Click on Active Links: TUESDAY: Online-Enrollment-Preschool-

Tuition always includes chef instruction, all foods, materials, online family fun

www.stickyfingerscooking.com

303-648-4078





Scroll Pown For A Sneak Peek At Some of THE AWESOME RECIPES The Kids Will Be Cooking-Up!













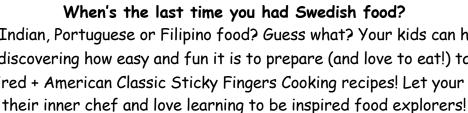


"I can't believe we made this!" -- Young Chef Cade "This is so awesome; I love it!" -Young Chef Haven When's the last time you had Swedish food? Or yummy Indian, Portuguese or Filipino food? Guess what? Your kids can have a blast every week discovering how easy and fun it is to prepare (and love to eat!) tasty, healthy globally-inspired + American Classic Sticky Fingers Cooking recipes! Let your child release





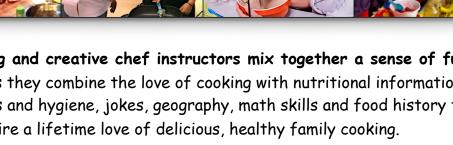




If they make it—they really want to taste it!



FOR COOKING-UP SOME DELICIOUS FAMILY FUN AT HOME!





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Here is a Sneak Peek of the Some of The AWESOME

DELICIOUSNESS The Kids Will Be Cooking-Up in Classes! "Pain Perdu" Thankful French Toast Sticks + Sticky Cranberry Syrup + Bubbly Cranberry Soda Lulu's Lucky Lo Mein Noodles + Chinese Sweet Soy Splash + Green Tea Smoothies

Kid-Tastic Creative Calzone Challenge + Saucy Tomato Dip + Kid-Made Italian Sodas

Portuguese Choco-licious Rosemary Custard Mini Tortes + Cozy Rosemary Chocolate Caliente

Please note that recipes are subject to change – based on our creative whim! Classes are always nut-free, and any and all dietary restrictions can and will

and a passion for cooking with kids! We have Montessori school teachers, culinary school

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snack at the end of every class!

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