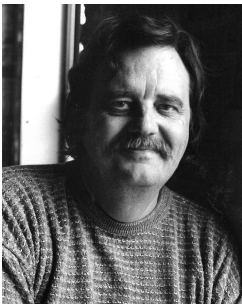




Living from the center:  
spiritual practices in contemporary life



**JOHN (JACK) SHEA**

is a theologian and storyteller who lectures nationally and internationally on storytelling in world religions, faith-based health care, contemporary spirituality, and the spirit at work movement. He has published thirteen books of theology and spirituality and two books of poetry. His latest three books are *Gospel Light: Jesus Stories for Spiritual Consciousness* (Crossroad, 1997), *Elijah at the Wedding Feast and Other Tales* (Acta, 1999), and *Spirituality and Health Care: Reaching Toward a Holistic Future* (Park Ridge Center, 2000). Jack's most recent work is a four-volume series that provides literary/spiritual interpretations of the Sunday gospels. These interpretations - *The Spiritual Wisdom of the Gospels for Christian Preachers and Teachers* - are a resource for lectionary based preaching and teaching.

## A Day with JACK SHEA

Wednesday, Oct 22, 2014

9:00 am — 3:00 pm

St. Thomas the Apostle Church Lighthouse

\$35 includes continental breakfast and lunch

*The man was protesting a religious belonging survey, "I don't want to know what religion you belong to. I want to know if you are serious about it." He went on to explain that being serious meant desiring and working at spiritual development, and for him that came down to engaging in the spiritual practices of a religion in a way that produced positive changes in consciousness and behavior. Our day will focus on our collective and individual spiritual practices, how we engage them, and what changes in consciousness and behavior we hope will emerge.*

**This event will be held at St. Thomas the Apostle Catholic Church, Naperville, IL. Reserve your space early. RSVP to Chari Rosales, Director of Adult Faith Formation at St. Thomas: 630.355.8980x138 or email [croales@stapostle.org](mailto:croales@stapostle.org) no later than Monday, October 20.**