

RespectIncorporated.com presents:

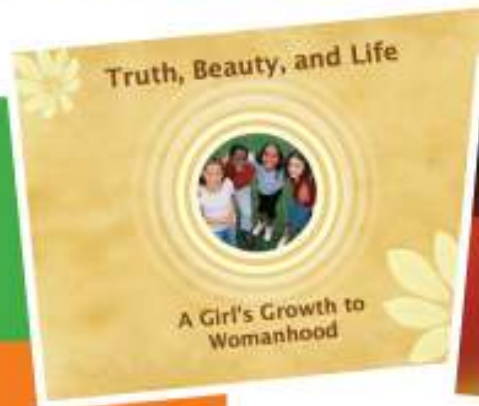
GROWING UP WITH HEALTH & VIRTUE

*Puberty with Purity Workshops
for Catholic Parents with their 5th Graders*



By Dr. Coleen Kelly Mast,
educational consultant,
author of two chastity series;

Love & Life and *Sex Respect*,
and radio talk show host on
Holy Spirit Radio!



All Saints Catholic
Academy and
SHPP invite you to join us

Thursday

Feb. 6

7-9 pm

in

McSherry Hall

Please RSVP by Feb 3
ascapubertytalk2014@yahoo.com

4th graders and their parents
are encouraged to attend

There will be video presentations, discussion time between parent and child, and a group question and answer session.

Program includes:

- audio-visual presentations for parent and child with private discussion time between each segment
- separate presentations for boys/dads than for girls/moms
- the physical, emotional, mental and spiritual changes to occur during puberty and how to respond in a healthy and holy way
- some simple theology of the body, age appropriate for 5th graders
- the virtues one needs to develop during adolescence as the body changes
- topics for further discussion at home
- Love & Life books will be for sale with follow up information

"The Church has always affirmed that parents have the duty and right to be the first and principal educators of their children. Parents are rich in an educative potential which no one else possesses."

— from the Vatican Document, *The Truth and Meaning of Human Sexuality*, n 5 & 7.

Parents who have attended said...

"These were the best and closest conversations my son and I have ever had." • "Beautiful blend of science and theology."
"We liked the emphasis on modesty" • "My daughter was much more willing to talk in this setting than at home."
"I wish I would have learned about puberty in this context." • "The videos really kept my son's attention."