If You Must Travel

If you **must** travel, take these steps to [protect yourself and others](#) from COVID-19:

- If you are eligible, get fully [vaccinated for COVID-19](#). Wait 2 weeks after getting your second vaccine dose to travel—it takes time for your body to build protection after any vaccination.
- Get tested with a [viral test](#) 1-3 days before you travel. Keep a copy of your test results with you during travel in case you are asked for them. Do NOT travel if you test positive.
- Check [travel restrictions](#) before you go.
- [Wear a mask](#) over your nose and mouth when in public settings. **[Masks are required](#)** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
- Avoid crowds and [stay at least 6 feet/2 meters](#) (about 2 arm lengths) from anyone who did not travel with you. It's important to do this everywhere — both indoors and outdoors.
- [Wash your hands](#) often or use hand sanitizer (with at least 60% alcohol).
- Bring extra supplies, such as masks and hand sanitizer.
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth.

Do NOT travel if you were [exposed to COVID-19](#), [you are sick](#) or [you test positive for COVID-19](#). Learn when it is [safe for you to travel](#). Don't travel with someone who is sick.